



ALMONDBURY SURGERY NEWSLETTER

Longcroft, Almondbury, Huddersfield HD5 8XW

Tel: 01484 514555

Website: www.thealmondburysurgery.co.uk

No need to queue

on the phone or at reception

The quick and easy way to get in touch, and get the care and services you need.

- Submit your request online, in your own time.
- If you need an appointment, we'll arrange one with you.
- Request fit notes, test results, medication and more.

[Visit our practice website](#)



systemconnect

systemconnect

Your new way of booking GP appointments and admin requests. You can access Systemconnect via your mobile telephone, laptop/handheld device.

Systemconnect is available via our website:

<https://thealmondburysurgery.co.uk/>

You can now book your spring COVID-19 vaccine online or via the NHS App if you are aged 75 or over, have a weakened immune system or live in a care home for older adults.

Find out more and book at:

<https://www.nhs.uk/nhs-services/vaccination-and-booking-services/book-covid-19-vaccination/>



Eligible people can book their spring COVID-19 vaccine online or via the NHS App

PHARMACY FIRST

Treatment for common conditions without a GP appointment

Your pharmacist can provide treatment or some prescription medicine, if needed, for seven common conditions – without you seeing a GP. Think pharmacy first and get seen by your local community pharmacy team.

- Earache
1-17 years
- Impetigo
1 year and over
- Infected Insect
1 year and over
- Shingles
18 years and over
- Sinusitis
12 years and over
- Sore Throat
5 years and over
- Uncomplicated urinary tract infections
Women 16-64 years



Children under 6 are now routinely offered the MMRV vaccine as part of the NHS childhood vaccination programme. MMRV replaces the existing MMR vaccine and adds protection against chickenpox, alongside measles, mumps and rubella. You don't need to do anything. Your GP will contact you when your child is due. For more advice, please visit: <https://www.nhs.uk/vaccinations/mmrv-vaccine/>



Most people feel stressed sometimes. But if stress is affecting your daily life, there are things you can try that my help. You can refer yourself for free NHS talking therapies or speak to your GP. For more practical tips on managing stress, visit: <https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/feelings-and-symptoms/stress/>

SURGERY CLOSING DATES:
Practice Protected Time (PPT) Training: 16th June 2026, 21st July 2026, 18th August 2026. We will be closed at 1:00pm on these days for our Practice Protected Training Time for staff. The practice will reopen again at 8am the following day. ALL DATES FOR 2026 can be found on our practice website.

Upcoming Bank Holiday Closure Dates:
The Practice will be closed on Monday 25th May 2026. The Practice will reopen again at 8am on Tuesday 26th May 2026.



THANK YOU FOR TAKING THE TIME TO READ THIS NEWSLETTER.